

HT 178W Invitation to Food Theology

Instructors: Rev. Dr. Martin Lohrmann and Deacon Kellie Lisi

1 credit; may fulfill the MDiv Youth and Family Ministry requirement

Synchronous seminar; credit/no credit only

COURSE DESCRIPTION

Creating space for new imagination and skills in pastoral and diaconal ministry, this course will build strong connections between food and faith that can lead to a reclamation and renewal of gospel-centered mission. Seminar participants will gain familiarity with the growing field of food theology as they develop theological and practical resources to apply in congregational and community settings.

OBJECTIVES

1. To grow in faith and leadership through intentional reflection on the relationship between food and Christian theology.
2. To interpret scripture and Lutheran theology in light of creation, food, and communities that eat together.
3. To develop diaconal/pastoral/evangelical resources for imagining, creating, and implementing food theology projects in local settings.

PROCEDURES & EVALUATION

The course will use a seminar format, revolving around in-class discussion of assigned readings and reflection upon issues of food and faith. Lessons and assignments will include some hands-on work and reflections based upon how communities eat well together.

REQUIRED TEXTS

- Tamar Adler, *An Everlasting Meal: Cooking with Economy and Grace* (New York: Scribner, 2011).
- Norman Wirzba, *Food and Faith: A Theology of Eating*, second edition (Cambridge: Cambridge, 2018).

Students will also be required to read ONE of the following:

- Fred Bahnsen, *Soil and Sacrament: A Spiritual Memoir of Food and Faith* (New York: Simon & Schuster, 2013).
- Barbara Kingsolver, *Animal, Vegetable, Miracle: A Year of Food Life*, tenth anniversary edition (New York: Harper, 2017).
- Sara Miles, *Take This Bread: A Radical Conversion* (New York: Ballantine, 2008).
- Emily M. D. Scott, *For All Who Hunger: Searching for Communion in a Shattered World* (New York: Convergent, 2020).
- Rachel Marie Stone, *Eat with Joy: Redeeming God's Gift of Food* (Downers Grove, IL: IVP, 2013).