

IN 162/262/362 Spiritual Practices 2, 4, 6

Spring 2025

Instructors: Staff

Required

.5 Credit; credit/no credit

This course provides experiences and resources for faith development through plenary sessions, small groups (synchronous and asynchronous), reading a common text, meditating on the Scriptures, and personal faith practices. Spiritual Practices explores classic and contemporary spiritual practices and fosters dwelling in God's Word. The course models accountability and collegiality in small groups for building spiritual community.

OBJECTIVES:

1. To nurture one's own faith development through exploration of spiritual practices and dwelling in God's Word (Practice of Personal Faith and Integrity).
2. To explore the relationship between otherness and community within the context of being with others in community. (Practice of Collegiality)
3. To grow in articulating faith, sharing it with others, and listening to the perspectives, experiences and insights of others, cultivating both self-awareness and self-confidence (Practice of Evangelical Listening and Speaking the Faith to Others).

PROCEDURE:

This course meets once per week for synchronous students, either for lecture or small group, and through other forms of online engagement for asynchronous students.

EVALUATION:

1. Attendance and participation in lectures and small groups.
2. Completion of required readings.
3. One-page reflection paper on your learning from the course.

REQUIRED BIBLIOGRAPHY:

Text TBA.

Scripture passages as assigned